CITY OF LINCOLN

# RECREATION GUIDE

WINTER/SPRING 2018



**Kids Kamp** pg. 4

Tinker Play City Edition pg. 8

**Tennis** pg. 13 & 16

# New Programs



Creative Drawing
See page 9 for details



Chess See page 9 for details



Tennis Socials
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Futsal See page 10 for details



Tinker Play
See page 8 for details



Senior Activity Club See page 16 for details

# WELCOME



2010 First Street Lincoln, CA 95648

(916) 434-3220

Mon-Fri 8:30am-12pm, 1-4:30pm Closed from 12-1pm

www.LincolnRec.net

# CITY OF LINCOLN **COMMUNITY CENTER**



**Lincoln Recreation** 



@lincolnparksrec @lysports



@lysports2015

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**ADULT PROGRAMS** 

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Weekly: \$80 · Daily: \$35 (Field Trip \$45) Super Starter (7:30am - 9am): \$15 week/\$10 day Fun Finale (3:30pm - 6pm): \$18 week / \$15 day All-Inclusive Pass (7:30am - 6:00pm) \$95 weekly







# Winter Kids Kamp

Winter break will be here before you know it! Do you need something totally fun for your kids to do?

Winter Ki ds Kamp is the perfect camp for your child this winter!

Campers will experiment with get their hands dirty with some super cool science and art projects and then engage in some high-energy activities such as Winter Shipwreck, Santa's Sleigh Ride and Grinch Tag and so much moe! You won't wat to miss out on all the fun!

Extended Care and Sibling discounts are available!

Location: Twdve Bri dges Elementary Ages: 5-12 Wed - Fri • 1/3-1/5 Field Trip: Skatetown



Spring Into Summer Kids Kamp is a great oppourtunity to get the kids back outdoors and enjoy some fun in the sun over Spring Break! This camp will include all of the same fun our Fall and Winter Camp had with the added awesomeness of Pizza Day on Wednesday (not included) and camp competition on Friday! Just like our summer camp! You won't want to miss out on all of the fun!

Date: 3/26 - 3/30 Day: Mon - Fri

Location: Foskett Ranch Elementary School

Ages: 5-12

Weekly: \$135 • Daily: \$35 (\$45 on Thurday's Field Trip) Super Strater (7:30am - 9am): \$25 week/\$10 day Fun Finale (3:30pm - 6pm): \$30 week/\$15 day

\$10 Sibling Discounts Available on weekly registrations only! Field Trip: Xtreme Craze (Field Trip will be on Thursday, March 29th)













Come discover Kids Kamp and all it has to offer your camper this summer! Meet new friends, enjoy action packed games, dynamic arts and crafts projects, yummy cooking projects, sports, science projects, and awesome field trips. We now offer daily and weekly rates as well as extended care options to fit your schedule!

Mon-Fri • 9:00am - 3:30pm • Ages 5-12

\$135 each week (\$109 for Week 4 No camp on 7/4) • \$35 Daily Rate (\$45 on Field Trip Days)

Super Starter (7:30am - 9am): \$25 week/\$10 day • Fun Finale (3:30pm - 6pm): \$30 week/\$15 day

Week I – Gold Rush Days 6/11 - 6/15

Week 2– Sports-a-Palooza 6/18-6/22

Week 3- Heros Journey 6/25-6/29

Week 4— Christmas in July 7/2-7/6

NO CAMP 7/4

Week 5- Lego my Eggo 7/9-7/13

Week 6— Barnyard Palooza 7/16-7/20

Week 7– Geeky Greatness 7/23-7/27

Week 8– Color Me Crazy

7/30-8/3

Week 9 - Mad Science 8/6-8/10

Week 10- Kids Kamp's Got Talent 8/13-8/17

Kids Kamp Talent Show on Friday!



LIKE US ON FACEBOOK @ 'KIDS KAMP'



#### **Dance Classes**

Come experience Expressions Academy of Dance's approach to building self-confidence and giving students the solid foundation they need to become fearless dancers and individuals. \*All Dance classes are held at Expressions Academy of Dance, Located at 780 Sterling Parkway, Suite 30, Lincoln, CA 95648

Location: Expressions Dance Academy

#### Dance Discovery, Mommy & Me Ballet

This 30 minute class is a magical way for you and your toddler to experience dance and movement together. Each week will begin with a fun song and dance warm up where they will be introduced to Ballet basics. This class includes dance, yoga, rhythm, music, singing and basic tumbling. Age: 2-3

Sat • 9:30-10am

AC2.374 • 1/13 - 2/3 • \$45/\$50NR AC2.375 • 2/10 - 3/3 • \$45/\$50NR AC2.376 • 3/10 - 3/24 • \$34/\$39NR AC2.377 • 4/7 - 4/28 • \$45/\$50NR

#### **Pre Ballet**

This class is for the Ballerina at heart! Our Pre Ballet program is perfect for young dancers who are just starting out, and just love to move. We incorporate games, songs, and rhythm to exercise the creative part of their brain. Age: 4-5

Sat • 10:45-11:30am

AC2.382 • 1/13 - 2/3 • \$50/\$55NR AC2.383 • 2/10 - 3/3 • \$50/\$55NR AC2.384 • 3/10 - 3/24 • \$38/\$43NR

AC2.385 • 4/7 - 4/28 • \$50/\$55NR

# **Ballet Level 1**

Our Ballet program follows the RAD (Royal Academy of Dance) Curriculum of teaching. Ballet has a long history of producing beautiful and strong dancers that exude poise and grace. We strive for excellence in technique, proper terminology, and teaching the importance of confidence while dancing. Everyone should get a chance to take Ballet, to learn new skills, meet new friends and ignite self worth. Age: 6-9

Fri • 5:30-6:30pm

AC2.386 • 1/12 - 2/2 • \$55/\$60NR AC2.387 • 2/9 - 3/2 • \$55/\$60NR AC2.388 • 3/9 - 3/23 • \$42/\$47NR AC2.389 • 4/6 - 4/27 • \$55/\$60NR

#### Hip Hop/Jazz Level 1

With clean, upbeat music we inspire our dancers to move to the rhythm. Our Hip Hop/Jazz classes fill dancers with energy and excitement. While focusing on both Hip Hop and Jazz techniques from classic styles to new modern aspects. Age: 6-8

Fri • 6:30-7:30pm

AC2.390 • 1/12 - 2/2 • \$55/\$60NR

AC2.391 • 2/9 - 3/2 • \$55/\$60NR

AC2.392 • 3/9 - 3/23 • \$42/\$47NR AC2.393 • 4/6 - 4/27 • \$55/\$60NR

#### **Ballet:**

Ages 2-3- Pink Leotard, pink tights, pink ballet shoes Ages 4-6- Purple Leotard, pink tights, pink ballet shoes

Ballet I- Blue leotard, pink tights, pink ballet shoes, hair in a bun

Ages 4-6 - Purple Leotard, pink tights, pink ballet shoes, and black tap shoes

#### Hip Hop:

T-shirt, leggings, clean tennis shoes, hair must be up in a ponytail

**Hip Hop Mini's** 

Age: 4-6

Sat • 10-10:30am

\* Dress Code items available for purchase at Expressions Academy of Dance

If you have any questions regarding Expressions Academy of Dance classes or dress code, give the office a call, and we will be happy to assist you. (916) 543-0299.



This class is designed for the kids who just love

to move and groove! This class combines Jazz

and Hip Hop in a fun and age appropriate way!

We learn the basic techniques of both genres,

and create exciting and energetic dances.

AC2.378 • 1/13 - 2/3 • \$45/\$50NR

AC2.379 • 2/10 - 3/3 • \$45/\$50NR AC2.380 • 3/10 - 3/24 • \$34/\$39NR

AC2.381 • 4/7 - 4/28 • \$45/\$50NR





# **Gymnastics**

These classes are for children ages 18 months to 10 years of age. Instructor Angie Floyd creates a fun program for girls and boys that teaches basic gymnastics skills in a positive learning environment. Each class includes activities that are geared toward improving gross motor skills, hand-eye coordination, and developing self-esteem in children. Sibling and family discounts are available.

Location: Community Center

No class dates: 3/27, 3/28, 3/29, 3/30, 3/31

#### **Little Dippers**

Parents assist their children in a wide range of fun activities designed to benefit toddlers physically, mentally, and socially. Age: 1.5-3

Tues • 10-10:45am

AC2.409 • 1/9 - 2/13 • \$54/\$59NR AC2.410 • 2/20 - 4/3 • \$54/\$59NR AC2.411 • 4/10 - 5/15 • \$54/\$59NR

Wed • 10-10:45am

AC2.412 • 1/10 - 2/14 • \$54/\$59NR AC2.413 • 2/21 - 4/4 • \$54/\$59NR AC2.414 • 4/11 - 5/16 • \$54/\$59NR

Fri • 9-9:45am

AC2.415 • 1/12 - 2/16 • \$54/\$59NR AC2.416 • 2/23 - 4/6 • \$54/\$59NR AC2.417 • 4/13 - 5/18 • \$54/\$59NR

Sat • 9:35-10:20am

AC2.418 • 1/13 - 2/10 • \$45/\$50NR AC2.419 • 2/24 - 4/7 • \$54/\$59NR AC2.420 • 4/14 - 5/12 • \$45/\$50NR

#### **Big Dippers**

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 3

Tues • 11-11:45am

AC2.421 • 1/9 - 2/13 • \$54/\$59NR AC2.422 • 2/20 - 4/3 • \$54/\$59NR AC2.423 • 4/10 - 5/15 • \$54/\$59NR

Wed • 9-9:45am

AC2.424 • 1/10 - 2/14 • \$54/\$59NR AC2.425 • 2/21 - 4/4 • \$54/\$59NR AC2.426 • 4/11 - 5/16 • \$54/\$59NR

Fri • 11-11:45am

AC2.427 • 1/12 - 2/16 • \$54/\$59NR AC2.428 • 2/23 - 4/6 • \$54/\$59NR AC2.429 • 4/13 - 5/18 • \$54/\$59NR



#### Comets

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 3-4

Wed • 11-11:45am

AC2.430 • 1/10 - 2/14 • \$54/\$59NR AC2.431 • 2/21 - 4/4 • \$54/\$59NR AC2.432 • 4/11 - 5/16 • \$54/\$59NR

Thurs • 4:30-5:15pm

AC2.433 • 1/11 - 2/15 • \$54/\$59NR AC2.434 • 2/22 - 4/5 • \$54/\$59NR AC2.435 • 4/12 - 5/17 • \$54/\$59NR

Sat • 10:30-11:15am

AC2.436 • 1/13 - 2/10 • \$45/\$50NR AC2.437 • 2/24 - 4/7 • \$54/\$59NR AC2.438 • 4/13 - 5/12 • \$45/\$50NR

#### **Shooting Stars**

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 4-5

Tues • 9-9:45am

AC2.439 • 1/9 - 2/13 • \$54/\$59NR AC2.440 • 2/20 - 4/3 • \$54/\$59NR AC2.441 • 4/10 - 5/15 • \$54/\$59NR

Tues • 3:15-4pm

AC2.442 • 1/9 - 2/13 • \$54/\$59NR AC2.443 • 2/20 - 4/3 • \$54/\$59NR AC2.444 • 4/10 - 5/15 • \$54/\$59NR

Fri • 10-10:45am

AC2.445 • 1/12 - 2/16 • \$54/\$59NR AC2.446 • 2/23 - 4/6 • \$54/\$59NR AC2.447 • 4/13 - 5/18 • \$54/\$59NR

Sat • 8:45-9:30am

AC2.448 • 1/13 - 2/10 • \$45/\$50NR AC2.449 • 2/24 - 4/7 • \$54/\$59NR AC2.450 • 4/13 - 5/12 • \$45/\$50NR



#### Galaxies

This transitional class focuses on learning fundamental gymnastics skills and developing strength and flexibility.

Age: 5-6

Thurs • 5:25-6:10pm

AC2.451 • 1/11 - 2/15 • \$54/\$59NR AC2.452 • 2/22 - 4/5 • \$54/\$59NR AC2.453 • 4/12 - 5/17 • \$54/\$59NR

Fri • 3:30-4:15pm

AC2.454 • 1/12 - 2/16 • \$54/\$59NR AC2.455 • 2/23 - 4/6 • \$54/\$59NR AC2.456 • 4/13 - 5/18 • \$54/\$59NR

#### **Beginning Gymnastics**

Children learn basic gymnastics skills and progressions that promote strength, flexibility, and cardiovascular fitness.

Age: 6-10

Tues • 5:10-6:10pm

AC2.460 • 1/9 - 2/13 • \$60/\$65NR AC2.461 • 2/20 - 4/3 • \$60/\$65NR AC2.462 • 4/10 - 5/15 • \$60/\$65NR

Thurs • 3:30-4:30pm

AC2.457 • 1/11 - 2/15 • \$60/\$65NR AC2.458 • 2/22 - 4/5 • \$60/\$65NR AC2.459 • 4/12 - 5/17 • \$60/\$65NR

Fri • 5:30-6:30pm

AC2.463 • 1/12 - 2/16 • \$60/\$65NR AC2.464 • 2/23 - 4/6 • \$60/\$65NR AC2.475 • 4/13 - 5/18 • \$60/\$65NR

#### **Intermediate Gymnastics**

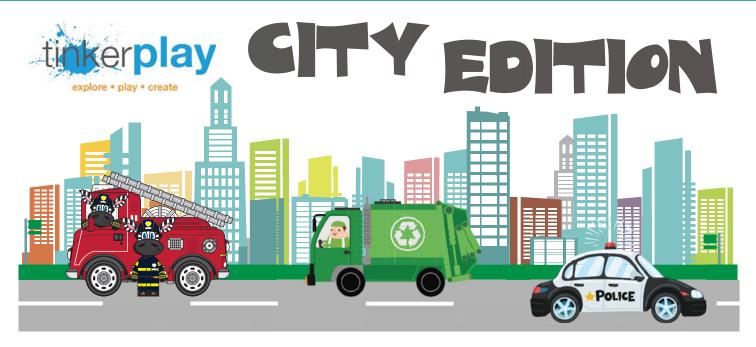
Allows children to take skills learned in Beginning Gymnastics to a more challenging level.
Participation requires instructor approval.
Age: 7-10

Tues • 4-5pm

AC2.476 • 1/9 - 2/13 • \$60/\$65NR AC2.477 • 2/20 - 4/3 • \$60/\$65NR AC2.478 • 4/10 - 5/15 • \$60/\$65NR

Fri • 4:15-5:15pm

AC2.479 • 1/12 - 2/16 • \$60/\$65NR AC2.491 • 2/23 - 4/6 • \$60/\$65NR AC2.492 • 4/13 - 5/18 • \$60/\$65NR



Tinkerplay is heading out on the road! For the next two sessions Tinkerplay will be meeting at a new location each week where participants will get to embark on a behind the scene tour of our city departments and other organizations in our community. Tinkerplay is a parent participation class that allows families to connect during a play-based kids class that helps develop core life skills, all while having fun! Each session will include a tour, games, crafts or science experiments and story time all based around fun themes!

Ages: 2-4 • Mondays • 10:00am - 11:30am

# City Edition: Take One!

PG1.251 • 1/15-2/12 Fee: \$60/\$65NR

January 15 - Lincoln Fire Station #34

January 22 - Lincoln Police Station

January 29 - Public Services

(Garbage Trucks, Backhoes and MORE!)

February 5 - Lincoln Airport February 12 - City Hall

# **City Edition: Take Two!**

PG1.252 • 2/26-3/19 Fee: \$50/\$55NR

February 26 - Nathan Dubin Park Nature Walk (Hosted by the Wildlife Heritage Foundation)

March 5 - United States Postal Service

March 12- LHS Farm March 19 - Lowe's



# **Tiny Tot Fitness**

This toddler based program introduces exercise through fun and physical sports play. Activities are designed to get your little ones engaged in non-competitive interactive games and sports which emphasize flexibility, confidence, and emotional well-being to build strong bodies and minds. Parent Participation is required.

Ages: 2-4

Location: Lincoln Community Center

Thurs • 9 - 9:45am

AC2.495 • 1/11 - 1/25 • \$30/\$35NR AC2.496 • 2/1 - 2/22 • \$40/\$45NR AC2.497 • 3/1 - 3/22 • \$40/\$45NR AC2.498 • 4/5 - 4/26 • \$40/\$45NR









IntelliBricks LEGO® Robotics: Galaxy Bots Camp

Travel through space, launch a satellite, traverse the surface of Mars and meet the Martians! Our hands-on LEGO® Robotics classes provides an excellent platform for learning STEM concepts. In this space themed camp, children will build LEGO® models like flying saucers, satellites, space ports and program them with intuitive WeDo platform, letting students bring their creations to life while sharpening their skills like logical reasoning, pattern recognition and modeling simulations. The software also features a colorful drag and drop interface that is easy for students to use and understand. Ages: 5-9

IntelliBricks will provide all LEGO® and touch screen computers for the class. Children cannot take home any of their creations or LEGO® products. LEGO® group of companies does not sponsor, authorize or endorse any of our programs.

AC2.357 • 3/26-3/30 Monday - Friday, 9am - 12pm Fee: \$155/\$160NR

Location: Lincoln Crossing Elem, Tech Room

#### Chess

Come and play one of the oldest and most sophisticated board games in the world! Chess is the universal game of skill, strategy, and combat, and is enjoyed by beginners and masters alike throughout the world. Chess has been shown to increase reading ability, IQ, creativity, memory, problem solving skills and concentration.

Fee: \$60/\$65NR Location: Twelve Bridges Library, Willow Room This course will focus on progressively



#### Youth Chess

challenging concepts beginning with basic rules and game-play, and work up the common strategy and chess theory. Participants will engage in weekly games to practice concepts taught in class. Open to players of all levels. Ages 8-17

AC2.319 • 1/11 - 2/15 • Thurs • 5-6pm AC2.320 • 2/22 - 3/29 • Thurs • 5-6pm AC2.321 • 4/5 - 510 • Thurs • 5-6pm

#### **Adult Chess**

This course will focus on strategies and concepts commensurate with the overall skill I evel of participants. Topics may include openings, mid-game tactics, end games, checkmate patterns, and more. Participants will engage in weekly games against other class members. Open to players of all levels. Ages 18+

AC2.322 • 1/11 - 2/15 • Thurs • 6:15-7:15pm AC2.323 • 2/22 - 3/29 • Thurs • 6:15-7:15pm AC2.324 • 4/5 - 510 • Thurs • 6:15-7:15pm



# **Creative Drawing Class**

Come learn the art and fun of drawing! This class will teach students fun and creative ways to draw everyday objects and people. Students will learn basic skills like sketching and engage in projects that will encourage imagination and creativity, This class is designed to ignite students' talent and imagination so come out and enjoy the fun!

Ages 8-12

Fee: \$100/\$105NR

Location: Lincoln Community Center

AC2.502 • 1/9 - 2/1 • Tues/Thurs • 5:30-6:45pm AC2.503 • 2/6 - 3/1 • Tues/Thurs • 5:30-6:45pm AC2.504 • 3/6 - 3/29 • Tues/Thurs • 5:30-6:45pm AC2.505 • 4/3 - 4/26 • Tues/Thurs • 5:30-6:45pm



Our Futsal Skills Academy will introduce players to futsal specific skills and help develop regular soccer skills. Each class is an indoor 60 minute futsal skills clinic which combines 40 minutes of skills training and 20 minutes of game play.

Location: Lincoln Crossing Elementary Instructor: Futsal Factory Staff

Day: Sunday Fee: \$65/\$70NR



#### **What to Wear**

#### **Futsal Academy:**

Please wear comfortable sports attire. Shin guards are required. Please wear tennis shoes with non marking soles.

#### Futsal Skills Academy I

Ages: 6-9

AC2.313 • 1/7 - 1/28 • 5 - 6pm AC2.314 • 2/11 - 3/4 • 5 - 6pm

#### **Futsal Skills Academy 2**

Ages:10-12

AC2.315 • 1/7 - 1/28 • 6 - 7pm AC2.316 • 2/11 - 3/4 • 6 - 7pm

#### **Futsal Skills Academy 3**

Ages: 13-16

AC2.317 • 1/7 - 1/28 • 7 - 8pm AC2.318 • 2/11 - 3/4 • 7 - 8pm

### **Active Tots**

Come out to the field and have fun learning the basics of T-Ball and the value of sportsmanship. We will practice hitting, catching, throwing and running the bases. Fun drills and scrimmages will be played. All equipment is provided, so come on out and play. Parent participation required.

Location: Twelve Bridges Park Instructor: Coach Dani Day: Saturday

Fee: \$50/\$55NR



#### T-Ball 1

Just the basics in this class. Your little one will learn how to hit, catch, throw and run the bases.

Age: 3.5-4.5

AC2.358 • 3/3 - 3/24 • 8-8:45am AC2.359 • 4/7 - 4/28 • 8-8:45am

#### T-Ball 2

If your little one is just a beginner, or is working on their T-Ball skills, this is the class for them. We will focus on basic fundamentals and incorporate some more advanced skills.

Age: 4.5-5

AC2.360 • 3/3 - 3/24 • 9-9:45am AC2.361 • 4/7 - 4/28 • 9-9:45am

#### **T-Ball League Prep**

This class will help prepare your little one for the big leagues! We will focus on technique and refining their T-Ball skills.

Age: 5-6

AC2.362 • 3/3 - 3/24 • 10-10:45am AC2.363 • 4/7 - 4/28 • 10-10:45am

# **Active Tots Sports Camp**

Drop your kids off for hours of fun in this exciting sports camp! Your child will develop a love of sports with fun drills and games in basketball, T-Ball and soccer. Relay races obstacle courses, and other age appropriate games will also be incorporated. All equipment is provided, so come on out and play. Please pack a healthy snack/lunch, lots of water and have your child wear closed toed shoes. Both boys and girls are welcome!

Age: 6-9

AC2.306 • 12/26-12/29 Tues-Fri • 9am - 12pm

Location: Lincoln Community Center

Fee: \$80/\$85NR





#### YOUR TOTAL SOCCER SOLUTION

Challenger Sports team of professional British, Brazil and International soccer coaches will make each soccer class fun, rewarding and challenging for all children. Over 150,000 kids each year are coached by Challenger Sports staff all over the USA and each get the great cultural experience of being coached by a foreign coach and learn about other countries around the World that play the great game of Soccer! Classes are six week sessions.





#### **What to Wear**

#### **British Soccer:**

Please wear soccer/sports attire. Shin guards and soccer cleats are recommended, but not required. No open toed shoes.

# **Soccer Academy**

Location: Foskett Regional Park Instructor: British Soccer Staff

Day: Monday Fee: \$98/\$103NR

#### Soccer Academy I

Ages: 4-5

Soccer is fun! That will be the focus of this class. Kids will be encouraged to enjoy the sport of soccer. They will learn soccer skills that will keep them playing for future years. They will make new friends and learn the basics of the game through small sided scrimmages and fun games.

AC2.364 • 2/12 - 3/19 • 5-5:45pm AC2.365 • 4/16 - 5/21 • 5-5:45pm

#### Soccer Academy II

Ages: 6-7

With fun still a big part, we now introduce specific coaching points such as how to pass a ball, how to dribble past defenders, shoot a goal and have fun while in a safe and progressive environment. Small sided games make the coaching beneficial in a realistic game scenario.

AC2.366 • 2/12 - 3/19 • 5:45-6:30pm AC2.367 • 4/16 - 5/21 • 5:45-6:30pm

#### Soccer Academy III

Ages: 8-12

The focus is on refining and improving techniques in terms of passing, dribbling, shooting, defending and individual foot skills and 1 vs 1 moves. Still an element of fun but a focus on challenging the player and ensuring they improve over the course of the class. A scrimmage to put skills to the test will end each

**What to Wear** 

AC2.368 • 2/12 - 3/19 • 6:30-7:30pm AC2.369 • 4/16 - 5/21 • 6:30-7:30pm



#### Child Development Through **FUNdamental SOCCER**

# **TinyTykes**

Challenger Sports coaches and the TinyTykes program teach basic soccer skills while developing strength, balance, coordination, listening skills, cooperation, and teamwork in children ages 2 - 5 years old.

Location: Pete Singer Park Instructor: British Soccer Staff

Day: Friday Fee: \$98/\$103NR



Lions Age: 4-5

AC2.372 • 2/16 - 3/23 • Fri • 10:30-11:15am AC2.373 • 4/20 - 5/25 • Fri • 10:30-11:15am

#### Cubs

Age: 2-3

AC2.370 • 2/16 - 3/23 • Fri • 9:30-10:15am AC2.371 • 4/20 - 5/25 • Fri • 9:30-10:15am

# **Good Sport U**

Location: Twelve Bridges Elem Instructor: Rick Bauer



#### **Hoop Improvement For Kids**

Hoop Improvement For Kids is designed for players who are beginner to intermediate and want to learn about basketball in a non-competitive setting. Each class will feature easy to learn instruction along with creative games that will develop their skills, knowledge and love of the game. Coach Rick Bauer is the owner and coach of Good Sport U. Some parental play is requested in this program. Hustle over to www. GoodSportU.com for more information.

Day: Wed Fee: \$50/\$55NR

Ages: 4-6 AC2.353 • 4/4 - 4/25 • 5:30-6:25pm

Ages: 7-9 AC2.354 • 4/4 - 4/25 • 6:30-7:25pm



#### **Game Time For Girls**

Game Time For Girls is a Hoop Improvement class designed for girls in grade 3-6 who are excited to improve their basketball skill set and be game ready whether they play for fun, at recess or in a basketball league. Coach Rick Bauer will help develop your daughter's skills, confidence, knowledge and love of the game. This class features plenty of Game Time action. Hustle over to www.GoodSportU.com for more information.

Day: Mon Fee: \$50/\$55NR

Ages: 8-12

AC2.355 • 4/2 - 4/23 • 5:30-6:25pm

# Game Time For Middle Schoolers

Stay sharp and continue to improve your skills in this Good Sport U class designed for the player who wants to advance their basketball ability and be totally GAME READY! Each day will feature instruction in ball handling, shooting, offense/defense and plenty of fun Game Time action. This class is for girls and boys in grades 6-8. Hustle over to www.GoodSportU.com for more information.

Day: Mon Fee: \$50/\$55NR

Ages: 11-13

AC2.356 • 4/2 - 4/23 • 6:30-7:25pm

# **Beginner Ice Skating**

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one foot glides, a two foot spin and more. Includes 4 free skate rental passes. Makeup classes are not available.

Age: 6-12

Wed • 5:45-6:15pm • \$65

Location: Skatetown, 1009 Orlando Ave,

Roseville

AC2.325 • 1/24 - 2/14 AC2.326 • 2/21 - 3/14 AC2.327 • 3/21 - 4/11

AC2.328 • 4/25 - 5/16



Put Some Excitement In Your Life

# **Beginner Ice Hockey**

Come learn the exciting and rapidly growing sport of Ice Hockey! This 4-week introductory class is designed to teach basic hockey skills and get kids hooked on hockey. Includes free hockey jersey, use of skates, helmet, gloves, and stick and one 75 minute class each week. Makeup classes are not available. Please arrive by 10:15am.

Ages: 6-12

Sun • 11am-12:15pm • \$80

Location: Skatetown, 1009 Orlando Ave,

Roseville

AC2.329 • 1/7 - 1/28 AC2.330 • 2/4 - 2/25

AC2.331 • 3/4 - 3/25



## **Pickleball Open Play**

Come and play pickleball, a paddle sport for all ages and skill levels. Combines elements of tennis, badminton and ping pong. Played on a badminton sized court with a low net. Easy to learn, bring your friends and family. Paddles, balls and instruction will be provided.

#### **Every 1st and 3rd Saturday**

Age: All Ages Fee: FREE Time: 9am - 12pm

Location: McBean Park, basketball courts

\* weather permitting





### **Kuk Sool Won**

Location: Community Center Instructor: John Santilena





#### **Turtle Tots**

Ages: 3.5-5 Fee: \$65/\$70NR

Introduce your child to the high energy environment of Martial Arts in this class for boys and girls. Turtle Tots is designed to help improve a child's balance, flexibility, coordination, self-confidence, respect and self-discipline.

Turtle Tots 1

AC2.332 • 1/9 - 2/23 • Tues • 6:30-7pm AC2.333 • 2/20 - 3/20 • Tues • 6:30-7pm AC2.334 • 4/3 - 5/8 • Tues • 6:30-7pm

Turtle Tots 2

AC2.335 • 1/11 - 2/15 • Thurs • 6:30-7pm AC2.336 • 2/22 - 3/22 • Thurs • 6:30-7pm AC2.337 • 4/5 - 5/10 • Thurs • 6:30-7pm

#### **Dragons**

Ages: 5-6 Fee: \$80/\$85NR

Beyond Turtle Tots but not ready for the Junior Martial Arts Program, Dragons is for children 5-6 years of age who have attended several Tots sessions but still may not be ready for Juniors. Dragons is designed for fun and to help improve your child's balance, flexibility, coordination, self-confidence, respect, and self-discipline. Sessions will also stress following instructions and working with others in a team setting. Uniforms are optional.

AC2.338 • 1/10 - 2/14 • Wed • 5:15-6pm AC2.339 • 2/21 - 3/21 • Wed • 5:15-6pm AC2.340 • 4/4 - 5/9 • Wed • 5:15-6pm

#### Juniors 1 & 2

Ages: 6-12 Fee: \$100/\$105NR

Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea. Kuk Sool Won.

Junior 1

AC2.341 • 1/8 - 2/14 • Mon/Wed • 6-7pm AC2.342 • 2/19 - 3/21 • Mon/Wed • 6-7pm AC2.343 • 4/2 - 5/9 • Mon/Wed • 6-7pm

Junior 2

AC2.344 • 1/9 - 2/15 • Tues/Thurs • 7-8pm AC2.345 • 2/20 - 3/22 • Tues/Thurs • 7-8pm AC2.346 • 4/3 - 5/10 • Tues/Thurs • 7-8pm

#### **Advanced Black Belt**

Ages: 10+

Fee: \$100/\$105NR

AC2.347 • 1/8 - 2/12 • Mon • 5-6pm AC2.348 • 2/19 - 3/19 • Mon • 5-6pm AC2.349 • 4/2 - 5/7 • Mon • 5-6pm

Material Fee: Payable to instructor at the first class (includes uniform, belt, curriculum description, CD of the first Form, and a Lincoln Kuk Sool Won t-shirt). Turtle Tots – N/A, Dragons - \$80 (optional), Juniors - \$80, Adults - \$100

Family Discounts: 1-full price, 2-full price, 3-half price, 4 & on-FREE

# We also offer Adult Kuk Sool Won and Tennis Classes!

See page 16 for details

#### **Tennis**

Location: Jimenez Park, Tennis Courts Instructor: Peter Haddow

#### **Tiny Tots**

Age: 5-7

Fee: \$35/\$40NR

A program for boys and girls (ages 5-7) aimed at developing tennis skills and sportsmanship with an emphasis on fun and games.

AC2.394 • 2/1 - 2/22 • Thurs • 3:30-4pm AC2.395 • 3/1 - 3/22 • Thurs • 3:30-4pm AC2.396 • 4/5 - 4/26 • Thurs • 3:30-4pm

#### Pre-Academy I

Age: 8-12

Fee: \$55/\$60NR

A weekly class for pre-teen boys and girls geared towards building solid fundamental tennis skills in a fun environment.

AC2.397 • 2/1 - 2/22 • Thurs • 4-5pm AC2.398 • 3/1 - 3/22 • Thurs • 4-5pm AC2.399 • 4/6 - 4/26 • Thurs • 4-5pm

#### **Pre-Academy II**

Age: 12-16

A weekly tennis class for boys and girls ages 12 and older. Students will learn proper technique and participate in targeted drills designed to improve consistency and shot making.

AC2.400 • 2/1 - 2/22 • Thurs • 5-6pm AC2.401 • 3/1 - 3/22 • Thurs • 5-6pm AC2.402 • 4/6 - 4/26 • Thurs • 5-6pm



# **Strikes Youth Bowling**

Join us for Strikes Youth Bowling. This nine week bowling league is for boys and girls with all levels of experience. Ages 5-8 can bowl with bumpers up. All levels compete together. Our coaches will help your child develop key bowling fundamental skills. We will bowl 2 games per week. Shoes and bowling balls are included.

Age: 5-20

Locaton: Strikes Unlimited, Rocklin

Fee: \$80/\$85NR Wed • 3:45 - 5:15pm

AC2.493 • 1/17 - 3/14 AC2.494 • 3/21 - 5/16

\*No class 3/28







Lincoln Recreation



@lincolnparksrec @lysports



@lysports2015



916.434.3220



## **Lifeguard Training Class**

This class will teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The class provides certifications needed for Lifeguards in California; Lifeguarding, CPR/AED for the Professional Rescuer, First Aid for Public Safety Personnel (Title 22) and Bloodborne Pathogens. You must pass an untimed 300 yd swim using front crawl and breaststroke and a timed 20 yd swim starting in the water, surface dive (head or feet first) to 10 lb.object between 7 and 10 feet, surface and swim back holding object on surface of the water with both hands in 1 minute 40 seconds. Must bring pocket mask, and American Red Cross Lifeguard Manual to class, they can be purchased from an American Red Cross office or on line.

AQ18.001 • 3/26 - 3/30

Ages: 15+ Day: Mon-Fri Time: 9am - 5pm Fee: \$175/\$180NR

Location: McBean Memorial Pool



Keep an eye out for our Summer Job postings on our website @www.lincolnca.gov! Jobs will be posted early Spring! We will be looking to hire Lifeguards, Swim Instructors, Pool Cashiers and Kids Kamp Counselors

### **Babysitting Certification**

Are you ready to become a babysitter? This class is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. The recommended age for this course is 11-15 years old. Cost includes Red Cross Certification, book and lunch.

PG1.253 • 2/15 Ages: 11-15 Day: Thurs

Time: 9:00am - 3:00pm Fee: \$85/\$90NR

Location: Lincoln Community Center



## **Safety Classes**

#### **Home Alone Training**

Will your young teen be staying home alone this summer? Prepare yourself and your child for this new adventure with Home Alone Training. This class will teach the skills your child will need to be home alone safely. Includes walking home, key responsibility, securing the house, answering the phone, safe choices, and emergency procedures. Training follows the Kidproof's At Home Alone and First Aid Curriculum. Certificate for both At Home Alone and First Aid is presented upon completion of the workshop. Hand-outs are included.

PG1.252 • 3/12 Ages: 9-15 Day: Mon Time: 1pm - 5pm Fee: \$35/\$40NR

Location: Lincoln Community Center



# Teaching Young Teens

who babysit or stay home alone to be safe and secure!



# Lincoln Youth Sports

# SPRING LEAGUES



# Lincoln Youth Flag Football League "Friday Nights, Under the Lights"

Lincoln Recreation is excited for another season of Lincoln Youth Flag Football for all boys and girls in the 1st - 8th grades. Lincoln Youth Flag Football is a non-contact, 5 on 5 league with practices twice a week. The Spring Season will feature a player combine followed by a player draft for 3rd - 8th grade divisions. 1st and 2nd grade teams will be randomly assigned. Come out and join us for this exciting new flag football experience. Games will be scheduled for Friday nights at Foskett Regional Park.

Registration Deadlines & Fees Early: 11/27-1/7 • \$100
Regular: 1/8-2/25 • \$110
Late: 2/26-3/2 • \$120
\$10 sibling discount

### Flag Football Player Combine

Sunday • 3/4

Location: Foskett Soccer Field #4

3rd & 4th Grade • 10am

5th & 6th Grade • 11:45am

7th & 8th Grade • 1:15pm

Please arrive 15 minutes early for check-in



# Lincoln Youth Volleyball League

For all you volleyball players in the 3rd - 8th grades it's that time of the year again! Boys and girls of all experience levels and backgrounds are invited to come be part of the team and play the great sport of volleyball! 3rd and 4th graders will participate in our Developmental League to help them develop key fundamental skills, enthusiasm for the sport and encouarge participation in our older divisions. Come play in this fast-paced 10 week, 8 game-program with weekly practices and scheduled matches on Sunday afternoons.

Grades: 3rd-8th

Registration Deadlines & Fees

Early: 11/27-1/7 • \$90
Regular: 1/8-3/4 • \$100
Late: 3/5-3/9 • \$110
\$10 sibling discount

#### Important Dates:

Orientation: Saturday, March 10th Practices start the week of: 3/12 League Play: Sunday, 3/25 - 6/3 (no games 4/1, 5/13, 5/27)

# **VOLUNTEER COACHES NEEDED**

Coaching Discounts Available



# Lincoln Youth Sports Track & Field Club

Come out and join us for this exciting new program. We have partnered with the Lincoln High School Track & Field program to offer an introduction to Track & Field. Participants will learn a a variety of different events and receive instruction on proper fundamentals, technique and form.

Ages: 3rd - 8th Grade Dates: 3/27, 3/28, 3/29 Day: Tues, Wed & Thurs Time: 12 - 2:00pm

Fee: \$50

Location: Lincoln High School Track

Registration Deadline: 3/23



#### **Adult Kuk Sool Won**

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. With instructor John Santilena you will develop strength, quickness, balance, timing, flexibility, and coordination while improving your concentration, self-discipline and self-control. If you feel you are up for the challenges developed by the Korean Masters, here is your opportunity.

Age: 13+

Mon/Wed • 7-8pm Fee: \$100/\$105NR

Location: Lincoln Communty Center

AC2.350 • 1/8 - 2/14 AC2.351 • 2/19 - 3/21 AC2.352 • 4/2 - 5/9







# **Adult Beginner Tennis**

A course for adults who would like to learn to play tennis, the sport of a lifetime. Forehands, backhands, serves, volleys and specialty shots will be covered in addition to the rules of the game and proper tennis etiquette.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Insructor: Peter Haddow

AC2.403 • 2/1 - 2/22 • Thurs • 7-8pm AC2.404 • 3/1 - 3/22 • Thurs • 7-8pm AC2.405 • 4/5 - 4/26 • Thurs • 7-8pm

# Adult Intermediate Tennis

A tennis course for adults who play regularly and have a NTRP rating of 3.0 or higher. Groundstrokes, Serves, Volleys will be reviewed in addition to tactics, proper footwork and effective use of spin. The emphasis will be on drills and doubles play.

\*Registration for this class requires instructor approval. Please contact the Recreation Department for enrollment (916) 434-3220.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Insructor: Peter Haddow

AC2.406 • 2/1 - 2/22 • Thurs • 6-7pm AC2.407 • 3/1 - 3/22 • Thurs • 6-7pm AC2.408 • 4/5 - 4/26 • Thurs • 6-7pm



## **Adult Tennis Socials**

Join us for monthly Tennis Socials. These events will be opportunities to meet and play tennis with others in our community. The agenda is a fun-hearted morning of luck-of-the-draw round robin matches on all four courts. Prizes will be awarded to the top three winners. The socials will run for four months, on the 2nd Saturday of each month. Please bring your own chairs and arrive 15 minutes early to register.

Age: 18+ Fee: FREE

Saturday • 1/13, 2/10, 3/10, 4/14 • 9am - 12pm

Location: Jimenez Park, Tennis Courts

\* weather permitting



# **Lincoln Senior Activity Club**

All seniors are welcome to attend a 6 week series of activities with other Lincoln Seniors from the community. Activities will include, games, informational lectures, memory exercises, social parties and much, much more.

The last day of the series will be a Life Long Learning Lecture. The Life Long Learning panel will include various health care professionals from the local community. Don't miss this opportunity to get to know other seniors like you.

This class is free. We ask that you pre register for this class.

Age: 55+ Fee: FREE

Location: Twelve Bridges Library, Fir Room Insructor: Green Valley Hospice

Day: Mon

AC2.500 • 1/8, 1/22, 2/5, 2/19 • 1-2:30pm AC2.501 • 3/5, 3/19, 4/9, 4/23 • 1-2:30pm



# **REGISTRATION DATES**

SPRING 2018

EARLY: 1/2 - 1/21

REGULAR: 1/22 - 2/18

LATE: 2/19 - 3/4



League/ Division	Start Date	Day	Early Team Fee	Regular Team Fee	Late Team Fee
Co-ed	3/13	Tues	\$450	\$475	\$500
Men's	3/15	Thurs	\$450	\$475	\$500
Women's	3/12	Mon	\$450	\$475	\$500

# **FREE AGENT LIST**

New to Lincoln or just can't put a whole team together? Join our Free Agent program. We accept individual registration on an ongoing basis for all of our adult sports leagues and form teams when there is enough interest to do so. If there are not enough free agents to form a team, the Free Agent List with your name and contact information will be distributed to all team captains prior to the start of the season. Free agent registration is only taken online at www.lincolnrecsports.com

### **LEAGUE INFORMATION**

League fees must be paid in full by the late registration deadline date.

Team registration can be processed online at www.lincolnrecsports.com or at the Lincoln Community Center,

2010 First Street.



League/	Start	Day	Early Team	Regular Team	Late
Division	Date		Fee	Fee	Team Fee
Co-ed	3/19	Mon	\$300	\$325	\$350

OPEN GYM
WEDNESDAYS @ 8PM

JANUARY 10 - APRIL 25

\$5.00 PER PLAYER
AGES: 18+
LOCATION: COMMUNITY CENTER



Bring your lawn chair or blanket and enjoy a FREE concert series in the park! Food vendors will be on site, so plan on dinner and a night full of fun at McBean Park.



Summer movies in the park is a fun and free family event that begins June 23. All movies will be family friendly films. The movies begin about 15 minutes after dusk, some movies are subject to change. The most up-to-date information can be found on the Summer Movies in the Park – Lincoln Recreation Facebook page. Mark your calendars and we hope we will see you there!

# Mark your calendars!

June 23 - McBean Park • July 21 - Nathan Dubin Park • August 18 - McBean Park





MCBEAN PAVILION

#### 65 McBean Park Drive

Ideal for wedding receptions, parties and special events, this 6,700 square foot facility has a large reception hall, full kitchen, small stage, bar area and ample parking. The reception hall is large enough to comfortably seat approximately 400 guests.

All rental fees includes tables and chairs as well as setup and cleanup of the facility.



# **CIVIC** AUDITORIUM

#### 511 Fifth Street

This beautifully renovated 2,500 square foot building is perfect for meetings, performances or small gatherings. The building features a large stage area, kitchenette space, and inviting foyer. The reception hall is large enough to comfortably seat approximately 150 guests.

All rental fees include chairs, tables not included. \*additional cleaning fees apply



# MCBEAN PAVILION

#### BBO ARFA

#### 65 McBean Park Drive

Located next to McBean Pavilion, the BBQ Area features a wooden shade structure great for an outdoor event. Tables and chairs are available for use and a full kitchen is available for rent as well.

All rental fees includes tables and chairs as well as setup and cleanup of the facility.



**MCBEAN PARK** 

GAZEBO

65 McBean Park Drive

Located in McBean Park, the Gazebo is perfect for a small outdoor gathering.



BEERMANN

PI A7A

640 5th Street

Beermann Plaza is an outdoor location on 5th Street and F Street. The Plaza has a beautiful fountain and makes a great setting for a small event.



**TWELVE BRIDGES** 

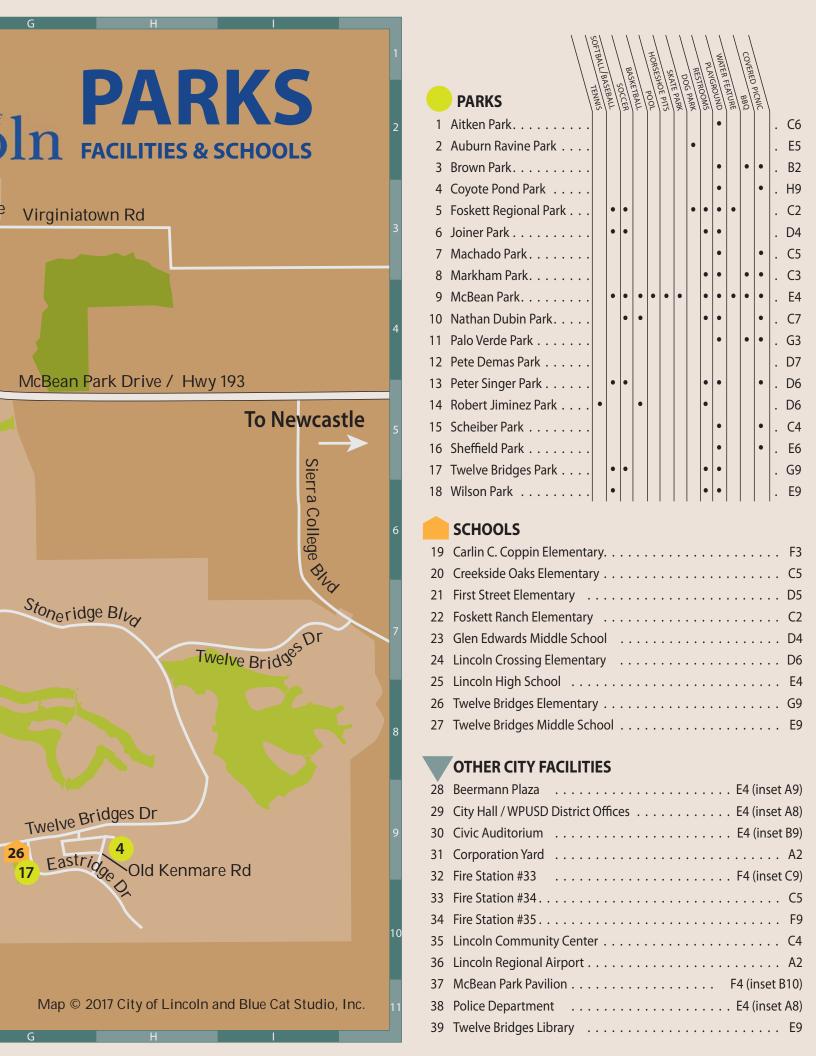
LIBRARY

485 Twelve Bridges Drive

The Lincoln Public Library @ Twelve Bridges has a variety of rooms and facilities for rent.

Check out www.libraryatlincoln. org for Library Forms and room use information. For further details, contact Renae Hart at (916) 434-2410 or (916) 434-2409.





485 Twelve Bridges Drive (916) 434-2410 · 485 Twelve Bridges Drive

For current hours, programs, fundraisers, and happenings check the Library's website or Facebook page.

www.libraryatlincoln.org www.facebook.com/libraryatlincoln Remember, our digital branch is always open! Our e-books and online databases are available to you 24/7!

#### **Mother Goose on the Loose**

This fast-paced, fun activity for young children, their parents, or caregivers includes activities that help your little one to learn and grow. We play instruments, sing songs, repeat nursery rhymes, march, clap, listen to stories, and do lots of fun movements. Adults must accompany children at all times. Limited to first 100 participants.

Age: 0-4 years

1/4 - 4/26\* • Thurs • 10:30am-11am OR 11:30am-12pm Twelve Bridges Library - Homework Center \*except 1/18, 2/15, 3/15, 4/19

#### **Family Storytime**

Families are invited for a fun half hour of books, rhymes, and songs. We have special tips and techniques for building reading skills at home throughout the program.

Age: All ages welcome!

Wed • 1/10 - 4/25 • 3:30-4pm Twelve Bridges Library - Kids Area

#### **Adult Literacy**

The Lincoln Public Library is now offering an Adult & Family Literacy program through the California Library Literacy services. This is an opportunity to make a significant difference in the lives of adults with limited literacy.

If someone you know would benefit from this, or if you might be interested in volunteering as a tutor in this program, please come into the library and ask for Michael Givan. For more information, please email: Michael.Givan@lincolnca.gov, or call the library directly: 916-434-2410.

#### Read to a Dog!

www.lendaheart.org

LAH therapy dogs and their handlers are coming to the Library! Practice your reading skills and make a new four-legged friend by reading a story to a dog. These are trained therapy dogs, so this is also a perfect opportunity to introduce shy young ones to dogs. Age: All ages welcome! Books are provided; sign ups begin at 3pm

Sat • 1/20, 2/17, 3/17, 4/21 • 3-4pm Twelve Bridges Library - Kid's Area

#### **Family Movie Night**

FREE- Sponsored by Friends of the Lincoln Library Join us for FREE family friendly movies - Check the Library website for exact titles! Doors open at 5:30pm, movie starts at 6pm. Limited to first 100 participants!

Sat • 1/20, 2/17, 3/17, 4/21 • 6pm Twelve Bridges Library - Willow Room

#### **Poetry Open Mic**

The Friends of the Lincoln Public Library invite members of the community to share their love of poetry while enjoying refreshments. Contact Sue Clark at (916) 434-9226. For all ages.

Sun • 1/14, 2/11, 3/11, 4/8 • 3-5pm Twelve Bridges Library - Willow Room

#### **Homework Help for Students**

Students needing help or just a quiet place to study can use the Homework Center. This program is run by volunteers who can assist students.

Age: School age students welcome!

Mon/Tues/Wed • 1/9 - 4/25\* • 2:45-4:45pm Twelve Bridges Library - Kids Area \*except 1/15, 2/19, 3/26, 3/27, 3/28

#### **Friends of the Lincoln Library**

The Friends of the Lincoln Library (FOLL) invite you to join them in helping the Twelve Bridges Library! The Friends support various programs and services, including our Read For The Record, Summer Reading Program, Mother Goose On The Loose, Read Across America, Homework Center, Family Movie Night, EBSCO research databases, and many others. To fund these programs the Friends hold quarterly book sales and manage a daily ongoing book sale inside the library. Your membership also helps to keep the Library open and programs running. Thank you, Friends!

Regular FOLL meetings: 2nd Tuesday of each month from 2-4pm at Twelve Bridges Library-Fir Room

#### **Book Sale**

Hundreds of fiction, non-fiction, bestsellers, paperbacks, and children's books will be available for purchase. Prices start at \$0.25 and all proceeds go to the Friends of the Lincoln Library sponsored programs.

Sat • 3/10 • 11-3pm
Twelve Bridges Library - Willow Room

#### **Online Learning: Research**

Find the most accurate, up-to-date information using Explora at the Lincoln Public Library. This research database is simple to use, and provides information from reference books and magazines as well as relevant images and videos. Explora also provides topic overviews, for those looking to get started learning on a new subject. Find this database, and many others, including research tools dealing with health, legal matters, small business help, learning different languages, and auto repair, under Online Learning on our website, www.LibraryAtLincoln.org.

eAudiobooks, including Overdrive and Hoopla! In addition to eBooks, Hoopla also provides our patrons access to movies, TV episodes, music, and comics.

\* you will need your library card number to use these services.

Sponsored and paid for by the Friends of the Lincoln Library (FOLL).



# Read Across America Dr. Seuss' Birthday Celebration

Celebrate the magic of Dr. Seuss through story telling, crafts, and fun activities. Celebrity readers will thrill you with their favorite Dr. Seuss stories.

Special Event • Thursday, March 1st • 1-3pm MGOL • Thursday, March 1st • 10:30-11am or 11:30am-12pm

"Sometimes you will never know the value of a moment until it becomes a memory" -Dr. Suess





#### ONLINE.

You can register online at www.lincolnrec.net.
Register for youth sport leagues at www.LincolnYouthSports.com.
Register for adult sport leagues at www.LincolnRecSports.com.
Register 24 hours a day, 7 days a week.



#### WALK-IN.

You can register in our office at 2010 First Street.



#### PHONE.

Give us a call at (916) 434-3220.



Register Online Now!

### **Office Closures**

The Community Center will be closed on the following dates:

December 26-January 1 February 19

#### Office Hours

8:30am-4:30pm (closed from 12-1pm)

# Park & Recreation Committee Members

Richard Moore - Chair Kelly Velasco - Vice Chair Jim Datzman Dave Fear Alex Floyd Daniel Gilliam Paul Harrison Tim Monelo Roger Ueltzen

#### Committee Meetings

The public is invited and encouraged to attend the regular quarterly meetings. Meetings are held on the first Wednesday of March, June, September, and December at 5pm at the City Hall, 600 Sixth Street, First Floor Meeting Room.

# **Scholarships**

Scholarships are available for low income families. In order to obtain a scholarship, an application and income verification must be submitted. Approval of the scholarship may take up to 2 weeks. Please contact the Community Center at (916) 434-3220 for more information.

The City of Lincoln staff reserves the right to photograph facilities, activities and program participants for potential future use in advertising, brochures and the City's web page. All photos will remain the property of the City of Lincoln.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, please be aware that programs, dates, prices, or descriptions may change periodically. In the event of a program change, every effort will be made to notify registrants in a timely manner.

#### **General Information**

- Payments can be made using credit card, check or cash.
- Program prices, dates and times are subject to change.
- Class fees will not be prorated for any reason.
- Registration is on a first-come, first-serve basis.
- The City has established non-resident fees for recreation programs. A non-resident is a
  person who lives outside of the Western Placer Unified School District.

# **Refund Policy**

#### Community Classes/Camps/Aquatics

- The City of Lincoln reserves the right to cancel, combine or divide classes; change time, date or place of classes; instructor; or make other changes necessary.
- Failure to attend a class or "no shows" will not be granted a refund. Refunds are only eligible if received a minimum of seventy-two (72) hours prior to the first class, unless otherwise noted. If a request is turned in less than seventy-two (72) hours, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing, and can be submitted via fax, walk-in, mail, or email. Please email refund requests to amy.gregory@lincolnca.gov
- If the City of Lincoln cancels a program due to low enrollment, a full refund will be issued.
- If you are not satisfied with any of our programs, please contact the program supervisor.
- The online "convenience fee" will not be refunded.

#### Adult Sports Leagues

- Requests for refund must be received within 24 hours from the close of registration, unless otherwise noted. If a request is submitted after 24 hours, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email.
   Please email refund requests to douglas.brown@lincolnca.gov
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All
  other refunds will be assessed a \$20 processing fee.

#### **Youth Sports Leagues**

- Requests for refund must be received within 7 days from the close of registration, unless otherwise noted. If a request is submitted after 7 days, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email.
   Please email refund requests to daniel.friese@lincolnca.gov
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All
  other refunds will be assessed a \$10 processing fee.

Refund Request Forms are available online at www.lincolnrec.net

City of Lincoln Recreation is an approved vendor for the following schools: Horizon Charter Schools • South Sutter Charter School • Visions • Twin Ridges • Inspire



Lincoln Recreation



@lincolnparksrec @lysports



@lysports2015



916.434.3220

#### SIGN UP EARLY!

Our programs fill up quickly, so don't wait until the last minute to sign up for a class or program. Go online now to sign up! www.lincolnrec.net

Benefiting The City Of Lincoln Recreation Youth Scholarship Program

# \* MAYORS CUP GOLF CHALLENGE \*

Special Thanks To Our Sponsors:

Silver Sponsors









# Bronze Sponsors

ELLIOTT HOMES, EMPIRE GYMNASTICS CENTER, FRAYJI DESIGN GROUP INC., GLADDING RIDGE, NORTHERN CALIFORNIA CARPENTERS, PG&E, PIPER JAFFRAY, RECOLOGY AUBURN PLACER, SIERRA PACIFIC INDUSTRIES, THUNDER VALLEY CASINO & RESORT, TULLY & YOUNG, VALI COOPER & ASSOC. INC., WALMART, WEST YOST ASSOCIATES, WILLDAN ENGINEERING, WILLIAM JESSUP ATHLETICS

Vendor Sponsors

GLADDING RIDGE, RED ROBIN LAKE DEVELOPMENT GROUP Beverage Sponsors

BZ PLUMBING CO. INC., GOODWIN CONSULTING GROUP, INC., LAKE DEVELOPMENT GROUP, TWELVE BRIDGES COMMUNITY, QUINCY ENGINEERING





Our Mayors Cup Challenge is an annual golf tournament to help raise funds for our youth scholarship program. If you would like to donate to our youth scholarship program, please contact the City of Lincoln Recreation Department at 916,434,3220